

# **2023 MPSL All-Star Swim Meet**

**Sunday, July 23, 2023**

**Hosted by the Annville-Cleona Otters Swim Team**

**Annville-Cleona Swimming Pool, Annville, PA**

Dear Coaches and Reps:

The Annville-Cleona Otters Swim Team is looking forward to hosting you and your swimmers for the 2023 MPSL All-Star Meet on July 23. The meet will feature those swimmers from all three divisions of the Mid-Penn Swim League who have the 16 fastest times in individual events and the eight fastest times in relay events from the combined results of the three respective Divisional Championship Meets held on Saturday, July 22.

The meet will include two (2) heats for individual events and one (1) heat of each relay event. For volunteer purposes only, the meet will be divided into two sessions:

## **Session 1**

**Event 1 (Boys 8 & under Medley Relay) - Event 38 (Girls 15-18 Backstroke)**

## **Session 2**

**Event 39 (Boys 9-10 100 Free) – Event 76 (Girls 15-18 Freestyle Relay)**

**If you would like to sponsor an event for your swimmer or team. Please click on the link below.**

**[SignUp Genius](#)**

Please read all of the enclosed information carefully. If you have any questions or concerns, please contact Maureen Rudy, [marudy14@gmail.com](mailto:marudy14@gmail.com) or 717-926-3520.

# Mid-Penn Swim League All-Star Championships

July 23, 2023

**Site:** This meet is hosted by the Annville-Cleona Otters Swim Team, A-C Pool, 1901 E. Maple Street, Annville, PA, 17003. <https://goo.gl/maps/xWd2siwdfKt>

A large parking lot is adjacent to the facility. Overflow parking is available at the new Pinnacle Health facility on Main Street.

The pool, with a bulkhead, is a 25-meter, 8 lane pool. Water depth at the starting end is 5 feet. Three timers will time each lane, using the Dolphin semi-automatic Colorado timing system. The middle time will be the official time.

**Eligibility:** In each event the top 16 individual times and the top 8 relay team times from the combined results of the three divisional meets held July 22, 2023 will swim at All-Stars. All-Star qualifiers will be seeded from divisional results via Meet Manager. Divisional hosts will be given instructions for this process. Please give the names of any swimmers who will not be participating in the All-Star Meet to the computer person at your Divisional site prior to the start of your divisional meet for transmittal to the All-Star host. All-Star qualifiers will be posted on the Mid-Penn website ([www.swimmpsl.org](http://www.swimmpsl.org)) and the Otter website ([www.swimotters.org](http://www.swimotters.org)) as soon as possible on Saturday. A swimmer must be available to swim Mid-Caps if they swim in the All-Star meet. Any team who scratches a swimmer for Mid-Caps without prior written permission from the league or a doctor's excuse may be fined by the league.

**Order of Events:** Same as dual meets

**Starting Times:** Meet starts at 9:25 AM

Scratch Meeting at 8:15 AM

Officials/Timers Meeting at 8:40 AM

Mid-Cap Coaches Meeting will be held immediately following the conclusion of the meet

## Warmup Times:

Warmups begin at 7:00 a.m. Exact time/lane assignments will be based on the number of swimmers who qualify for the meet from each team. Teams are assigned to the following sessions for circle swimming only based on the number of entries from each team so that everyone has the maximum space available for their swimmers. Teams will get their warmup assignments when the psych sheets are posted.

### **FOR SAFETY REASONS, NO STARTS DURING THESE SESSIONS.**

- Session 1: 7:00 - 7:25
- Session 2: 7:25 - 7:50
- Session 3: 7:50 - 8:15
- Session 4: 8:15 - 8:40

**8:40- 9:00 STARTS AND TURNS 11 and over**  
**LANES 1 - 6 STARTS AND ONE WAY SPRINTS**  
**LANES 7 - 8 TURNS**

**9:00- 9:15 STARTS AND TURNS 10 and under only**  
**LANES 1 - 6 STARTS AND ONE WAY SPRINTS**  
**LANES 7 - 8 TURNS**

**\*If your team will not be attending your circle-swimming warmup session, please email [marudy14@gmail.com](mailto:marudy14@gmail.com) by Monday, July 17th.**

**Volunteers:** We need everyone's help to run an efficient meet. We are asking each team to provide 6 timers, 1 ribbon table staffer and officials. We ask teams to provide on-deck officials who have MPSL certification. The meet referees will be responsible for assigning officials based on certifications. We would prefer certifications of PIAA or US swimming or YMCA for this event. On deck officials should wear white shirts and navy bottoms and have certification badges visible. We will offer FREE ADMISSION FOR ALL VOLUNTEERS. By Monday, July 17, please provide names of volunteers on the google doc. If parents are unwilling to commit, please list possible volunteers with a "conditional" notation on the form. All volunteers will check in at the volunteer table at the front entrance of the pool. Even if your team cannot provide specific names at this time, you will be responsible for filling your team slots on meet day. You may feel free to contact other teams who may have extra volunteers available to help fill your slots. Please submit the names of your volunteers via google docs. The following link allows you to fill in the names of your volunteers.

**[📄 2023 ALL STARS TIMERS, RIBBONS AND OFFICIAL VOLUNTEERS](#)**

**Seniors:** ACL acknowledges the League seniors in our program. Please forward the following link to all your seniors, even if they are not swimming in the meet. They can fill out their information directly on Google docs and it will be saved for us to put in the program.

 [MPSL SENIORS 2023](#)

**Admission:** \$5 admission fee (12 and over) with one free program per family. Swimmers, coaches and working volunteers are free. Gates and parking lots open at 6:30 a.m.

**LIVESTREAM:** We are planning on a livestream of the All-Star Meet on YouTube. The live stream link can be found on the Otters web site: [Lebanon Valley Otters - MPSL All Stars](#)

**Team Fees:** Event fees are \$5.00 per individual event and \$20.00 per relay. Teams will be billed by MPSL at the conclusion of the season.

**Meet Results:** Final results will be posted on the Otter website,

[Lebanon Valley Otters - MPSL All Stars](#) and

MPSL website, [http://www.swimmpsl.org/2023/postseason/Post\\_Season\\_Title\\_23.htm](http://www.swimmpsl.org/2023/postseason/Post_Season_Title_23.htm)

Any team desiring a results file must provide a flash drive.

**Food/Drink:** Refreshments for spectators will be available throughout the meet. Our Grill Team will be firing up the griddle for delicious breakfast sandwiches and then switching over to their famous pulled pork and brisket sandwiches!

**Hospitality:** We will provide a hospitality tent for officials and coaches. We will also provide free heat sheets for three coaches from each team. We will supply on-deck timers, officials and other volunteers with beverages.

**Photography:** ALL PHOTOGRAPHS OR VIDEOS TAKEN DURING ANY SWIM MEET MUST BE TAKEN **ON THE SIDE OF THE POOL BETWEEN THE BACKSTROKE FLAGS**. NO PHOTOGRAPHS OR VIDEOS MAY BE TAKEN FROM THE START (BLOCKS) OR TURN END OF THE POOL. NO EXCEPTIONS. THIS INCLUDES THE USE OF CELL PHONES.

**Restrooms:** Pool restrooms are available for swimmer use only. Portable restrooms will be available for spectators. We will have a handicap accessible portable restroom available for those that may need one.

**Swim Shop:** [Metro Swim Shop](#) will be on site to provide a selection of swimming apparel and training equipment for sale.

**All Star Apparel:** Please use the following link to directly order your All Star Apparel. This year the supplies of apparel have been inconsistent. Therefore we are limiting the type of products we are offering in the hopes that the items will be available by the time of the meet. We will have some items available for sale at the meet but if you prefer a specific item, size and/or personalization please use the website. We will not be taking orders for apparel at the meet. The online store will be available until **July 13.**

<https://majorleague.ink/store/midpennswimming/>

**Safety:** Each team must provide adult supervision for their team during the meet. Swimmers are subject to disqualification for flagrant disregard of procedures.

**Team Tents:** Teams may bring team tents for set up on Saturday night between **8:00 PM and 9:00 PM. Please do not arrive prior to 8 p.m. You will be required to wait while the pool is set up for the next day's meet.**

**Meet Referees:** Maureen Rudy, ACL and Tiffany Epoca, HAC

**Meet Committee:** Tiffany Epoca, Referee; Maureen Rudy, Referee; Cynthia Lyons, League Vice President

**Meet Director:** Joanna Demchak

**Questions:** Maureen Rudy, [marudy14@gmail.com](mailto:marudy14@gmail.com), (717) 926-3520

## **Submission of Meet Results from Divisional Hosts to All-Star Host (A-C)**

TO: Division A, B, and C Meet Directors and Computer Operators

Below is the procedure each division should follow to relay Divisional meet results to ACL in preparation of the All- Star Championship meet the next day.

- 1) Immediately send ACL meet day contact info via email. Include a contact person and a phone number where that person can be reached on Saturday during and after the Divisional meets. (This will most likely be a cell phone number.)
- 2) Coaches must submit their known All-Star meet scratches in an email WITH their divisional entries. If you receive divisional meet entries from a team without a list of known All-Star meet scratches, email the submitting coach back and ask him or her for known All-Star meet scratches. Immediately place these scratches into

### **📄 2023 ALL STAR SCRATCHES**

you can access and edit this document if necessary on Saturday July 22. **ALL SCRATCHES MUST BE SUBMITTED BY THE CONCLUSION OF YOUR DIVISIONAL MEET.** The divisional meet referee should also hold a scratch meeting following the meet to determine if any other swimmers will scratch prior to submission of the results. These may also be placed in the google doc. If you have questions on how to fill in the google doc please contact Maureen Rudy, [marudy14@gmail.com](mailto:marudy14@gmail.com).

- 3) At the conclusion of the meet on Saturday, July 22, 2023, send ACL a backup of the meet via email. Send the backup as an attachment. Scratches should be on the google doc.

**DO NOT MAKE THE SCRATCHES IN YOUR BACK UP! THEY WILL BE SCRATCHED OUT BY ACL AFTER THE RESULTS ARE MERGED.**

Text the cell phone listed below after your email has been sent. That way, we will know immediately if we have a problem.

After ACL receives all three backups, we will post All-Star seeding/psych sheets on the Otters and Mid-Penn websites. Sixteen (16) swimmers and two alternates will be listed, except for relay events, which will list eight (8) teams and two alternate teams.

Please be prompt in emailing this information. If all progresses as planned, everything should be on the Otters ([www.swimotters.org](http://www.swimotters.org)) and Mid-Penn websites around 5 p.m. on Saturday, July 22. Coaches, swimmers, and parents will be able to access this important information. Use the following e-mail address and cell phone number for transmission to Annville-Cleona Otters Swimming Team on Saturday, July 22, 2023:

**Joanna Demchek (267) 337-0908. Email: [Jtiedeken@hotmail.com](mailto:Jtiedeken@hotmail.com)**