



Mid Penn Swim League Division B Championship Meet Saturday, July 24, 2021

Hosted by: The Palmyra Aquatic Club
Palmyrasharks.com

LOCATION: Palmyra Community Swimming Pool, 1122 Park Drive, Palmyra, PA 17078

MEET DIRECTOR: Stacy Teets, Palmyra Aquatic Club (stacyteets@comcast.net)

MEET REFEREE:

FACILITIES The Palmyra Community Pool has a 6-lane, 25-meter pool. A Daktronics timing system will be used with touch pads, plungers and a manual stopwatch for the finish. Plungers will be used at the shallow end to allow for electronic timing for 8 & under swimmers. Hy-tek meet management software will be used.

ORDER OF EVENTS: Same as a dual meet. With Medley relays in the beginning and the freestyle relays at the end.

MEET TIMELINE: Gates open 6:00 a.m.
Meet starts at 8:00 a.m.
Scratch Meeting at 7:15 a.m.
Officials/Timers Meeting at 7:30 a.m.

WARM-UP TIMES: 6:35 – 7:00 a.m.
7:00 – 7:25 a.m.
7:25 – 7:45 a.m.
Lane assignments and warm-up times will be posted on the MPSL and PAC websites once we have entry counts from each team.

PSYCH SHEETS: Psych sheets will be posted to the MPSL and PAC websites by 6 p.m. on Thursday, July 22, 2021

SAFETY/GROUNDS: Each team must provide adult supervision for their team during the meet. A swimmer can be disqualified for flagrant disregard of procedures. Please observe all “traffic” directions that are posted. Note that the main pool is closed for the meet. There will be bleachers provided for spectators. The concrete area around the competition pool is off limits to everyone except coaches, officials, and currently competing swimmers.

TEAM TENTS: Palmyra Community Pool will be open for team tent set-up between 7:30-8:30 p.m. Friday, July 23, 2021. Please note, there will be no tents allowed in the grass area between the entrance gate and the competition pool. Instead, all tents should be in the area to the rear of the competition pool, including the fenced-in area by the pavilion/snack stand. Because

the community pool will be opening at 12:00 p.m. we ask that no tents be placed in the area around the main pool.

- VOLUNTEERS:** We need the following volunteers from each team:
- 11 TIMERS (please bring your watches)
 - Up to 6 OFFICIALS
- Each team is asked to provide the names of timers and officials. Please complete the following link by Sunday, July 18, 2021 by 5:00pm. Entries will not be accepted without volunteer information. All meet volunteers who have been assigned to a job will be admitted for free. Volunteer list will be posted on the MPSL and PAC websites when available. Volunteers will need to check-in prior to the start of the meet to get their wristbands. Volunteers can check in at the main gate.
- VOLUNTEER LINK:** https://docs.google.com/spreadsheets/d/12WqSg9ZGzuuibToINYL_FM8qpSkkK89cYK_32j0Kpnc/edit?usp=sharing
- OFFICIALS:** On deck officials, please wear white tops and navy bottoms and have the applicable patches/badges visible.
- ADMISSIONS:** **\$3.00** admission fee (12 & over) and **\$2.00** for a meet program. Participating swimmers, coaches, and working volunteers are free. Gates will be open at the rear pavilion and in front to the right of the main pool.
- FOOD/DRINK:** Refreshments will be available throughout the meet at the pavilion.
- VENDOR:** Personal Best Swim Shop will be on hand for your swimming needs.
- HOSPITALITY:** We will provide hospitality food and free programs for (3) three coaches per team. On-deck timers, officials, and other volunteers will be given beverages during their shifts.
- FIRST AID:** First Aid & Medical Services will be available as needed. Please see one of the volunteers if you require first aid or other medical services.
- PARKING:** Parking will be available in the pool parking lot, Penn State Physicians' office lot next to the pool, and the Palmyra High School. **Penn State Physicians' office will have a designated swim meet parking area due to the office being open. Please follow all signage and DO NOT park in spaces not intended for the swim meet.** Parking volunteers will be on hand to assist you on the morning of the meet.
- DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- FLASH PHOTOGRAPHY:** No flash photography on the start of events. All photographers must stand between the flags on the sides of the pool only.
- RECORDING BAN:** The use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms, locker rooms, or behind the blocks.

We look forward to seeing all of you on July 24th!

Stacy Teets, Meet Director