

DIVISION 'A' CHAMPIONSHIP MEET

Saturday, July 20, 2019

LOCATION: Willowood Swim Club, 600 W. Bainbridge Street, Elizabethtown, PA 17022

MEET DIRECTOR: Cindy Wivell, Willowood Swim Team, cindywivell@gmail.com

ORDER OF EVENTS: Same as dual meets; Medley in the beginning, freestyle at the end.

MEET TIMELINE:

Meet starts: 8:15am
Gates open: 6:15am
Scratch meeting: 7:30am
Officials meeting: 7:45am
Timers meeting: 7:45am

WARM-UP TIMES:

WWD 6:30-6:55AM
HEA 6:55-7:20AM
HAC lanes 1,2,3 7:20-7:45AM
DC lanes 4,5,6 7:20-7:45AM

-All lanes open for 25M sprints from 7:45-8:00AM

-The lower pool will be open for warm ups/warm downs for competing athletes only from 8:30am-1:00pm

PSYCH SHEETS: Psych sheets will be posted to the MPSL website by 8pm on Thursday, July 18th

POOL: 6 lane competition pool, 25 meters

AWARDS: Ribbons for the first 12 places for individual events; first 6 places for relays.

OFFICIALS: On deck officials, please wear white shirts and navy-blue bottoms. Officials are admitted free of charge.

VOLUNTEERS: We will need the following volunteers from each team:

- 8 TIMERS (*PLEASE BRING YOUR OWN WATCHES*)
- 1 RIBBON PERSON
- 4 OFFICIALS
- 2 FINISH JUDGES

Please submit volunteer names [HERE](#) by Sunday, July 14th at 6pm. Entries will not be accepted if volunteer slots are not filled. Free admission will be extended to all volunteers listed on the referenced sign-up sheet.

TEAM TENTS: The Willowood Swim Club will be open for team tent set-up from 7:30-8:30pm on Friday, July 19th. Tents may be set up in the grass yard beyond the playground.

SAFETY/GROUNDS: The Willowood Swim Club requests that each team provide adult supervision of their team and comply with the [Willowood Swim Club rules](#). Bleachers will be provided for spectators. The concrete area around the competition pool is for **officials, coaches, and swimmers currently competing ONLY**.

THE PLAYGROUND EQUIPMENT WILL BE OFF LIMITS THROUGHOUT THE DURATION OF THE MEET.

The pool will open to Willowood Swim Club members at 2pm. Teams are asked to leave their areas free of trash and belongings and be considerate of members arriving to set up for the afternoon.

Lifeguards will be on duty for the duration of the meet. The First-Aide station is located at our pool's main entrance gate (to the left of the Metro Swim Shop table) if you require medical attention.

ENTRANCE: Gates will open at 6:15AM. There will be one entrance gate with two separate lines. Coaches, Swimmers, Officials, and Volunteers will be served on one side and spectators on the other. Admission-\$5.00; Program-\$3.00

OVERFLOW PARKING: If the on-site lots are full, cars will be directed to our designated overflow parking lot at Sycamore Square off of nearby Masonic Drive.

CHANGING ROOMS/RESTROOMS: Coaches, volunteers, swimmers, and spectators please note: **CHANGING ROOMS ARE FOR ATHLETES ONLY**. Portable restrooms will be located below the lower pool.

CONCESSIONS: The Willowood concession stand will offer baked goods, fresh fruit, snacks, and beverages. Food trucks will offer breakfast and lunch selections, ice cream, and Italian ice.

SWIM VENDOR: Metro Swim Shop will be at the meet to sell goggles, suits, caps, shirts and anything else that your swimmers may need!

MEET RESULTS: The results will be available on Meet Mobile during the meet and on the Mid-Penn website www.swimmpsl.org after the meet has ended.

Willowood Swim Team welcomes you and wishes you a great day as you support the great sport of swimming!

