

2014 MPSL “B” Division Contacts

Annville-Cleona (ACL)

Contact	Name	Phone	Email
Coaches	Jim & Mary Gardner	717-867-4918	maryjimgardner@verizon.net
League Rep	Jim Gardner	717-270-7012	maryjimgardner@verizon.net
Asst. League Rep	Kathy Wingert		dkwingert@comcast.net
Hytek Operator	Carl Gehenio		Carl.gehenio@gestech.com

Visitor Warm-ups: 8:00

Meet Starts : 8:30

Line-up Exchange: Saturday AM

Falcons of Lebanon YMCA (FSC-LEBY) ****Home meets held at Cedar Crest High School****

Contact	Name	Phone	Email
Coaches	Dustin Long	717-376-1387 (O)	dlong@lebanonymca.org
League Rep	Dustin Long	717-350-2969 (C)	
Hytek Operator			

Visitor Warm-ups: 8:30

Meet Starts : 9:00

Line-up Exchange: Friday 7 PM

Middletown Swim Team (MDT)

Contact	Name	Phone	Email
Coaches	Dawn Smith	717-395-1411	daydreamer4917088@yahoo.com
Coach	Kris Roaten	717-689-0507	kfr001@lvc.edu
League Rep	Mark Shipkowski	717-944-2719	mshipkowski658@comcast.net
Alt. League Rep	Matt Smith	717-979-1545	smithrb49@gmail.com
Hytek Operator	Kathy Shipkowski		

Visitor Warm-ups: 8:00

Meet Starts : 8:30

Line-up Exchange: Friday 8 PM

Palmyra Swim Team (PAL)

Contact	Name	Phone	Email
Coaches	Cynthia Lyons	717-507-8589	cslyons@lmf.net
League Rep	Cynthia Lyons		
Hytek Operator	Stephen Lyons	717-679-5893	scl Lyons@lmf.net

Visitor Warm-ups: 7:45

Meet Starts : 8:30

Line-up Exchange: Friday 7 PM

Willowood Swim Team (WWD)

Contact	Name	Phone	Email
Coach	Zach McElheny	717-808-6309	wwdcoaches@gmail.com
Coach	Daniel Mikula	717-333-9808	djmikula@comcast.net
League Rep	Deb Handshew	717-329-1457	drhandshew@gmail.com
Hytek Operator	Greg Yohn	717-682-8050	gbyohn@comcast.net

Visitor Warm-ups: 8:00

Meet Starts : 8:30

Line-up Exchange: Saturday AM