

Mid-Cap Meet Information



Saturday, July 27, 2013; 8:15 AM Start
Hosted by Hershey Aquatic Club
Hershey Recreation Center
605 Cocoa Ave., Hershey, PA 17033

- **Meet Director:** Chris Luttrell
 - Contact information: Lutt20@aol.com, (717) 679-1719
- **Admissions:**
 - *Officials and Timers – Please follow signs to appropriate gate to get nametag. The final schedule of meet workers will be posted by Wednesday, July 24, 2013.
 - *Coaches - Please follow signs to appropriate gate. **Four (4) coaches per team allowed on deck.**
 - *Swimmers may enter with their families at the Spectator Entrance or through marked Swimmer/Volunteer Gate.
 - *Spectator Entrances – There will be an entrance at the main gate of the pool to the left of the Recreation Center and one entrance for indoor seating through the recreation center.

*\$3.00 **Spectator Admission** (under 12 free); \$4.00 **Program**
- **Arrival and Parking:**

Parking is available at the Recreation Center.

Overflow parking will be at the Hershey Public Library (on Cocoa Avenue) next to the Recreation Center, parking lots at the schools located behind the Recreation Center (from the pool, turn right onto Cocoa, right on Areba, right on Homestead, and proceed to the entrance of the elementary or middle school parking lots) and on the streets where parking is permitted.
- **Awards:**

Awards will be given to all participants.

Custom T-shirts will be provided for all entered swimmers and two (2) coaches per team. The t-shirt form must be emailed by a coach or rep from each team in order to be guaranteed that your swimmers get a shirt. The deadline for orders is 9:00 p.m. on Sunday, July 21st,

- **Coaches' Hospitality:**
There will be a hospitality area set up in the guard room right down the stairs off of the pool deck.
- **Team Tents**
Teams may bring their tents to the pool area on Friday night for set up after 6:00 PM.
- **Officials/Volunteers:**
All teams will be required to submit the "Officials/Volunteers" form even if you have no volunteers to work as timers/officials. Each team with four (4) or more swimmers will be asked to submit the names of two (2) timers and one (1) certified official. PLEASE submit these names on the form provided by 9:00 p.m., Sunday, July 21st. Note your officials and timers need to designate which session they prefer to work and we will try to accommodate their requests.
Officials and Timers will be assigned by the Mid-Cap Meet Committee on Monday, July 22nd. Only these assigned officials and timers will receive free admission. The listing of officials and timers will be posted on the Mid-Cap link from the Hershey Aquatic Club web site www.hersheyh2o.org or on the Mid-Cap link from the Mid-Penn site www.swimmpsl.org and the CASL site www.swimcasl.org by Wednesday, July 24th.
- **Refreshments: "The Hershey Pantry"**
Concessions will be located outside the pool gate at the pavilion near the pool area. A menu will be located in the program. Breakfast items, snack foods, beverages and lunch items will be available throughout the meet.
- **Restrooms:**
Restroom facilities are located inside the Recreation Center and in the locker rooms. Portable toilets will also be on location outside the Recreation Center.
- **T & T Swimming** will be selling apparel and gear for all of your swimming needs.
- **Supervision:**
The Derry Township Recreation Center requests that each team provide adult supervision in their team area. Anyone defacing property and/or displaying unsportsmanlike conduct will be asked to leave the premises.

Warm-up Sessions:

2013

Session 1	6:30 – 7:15 AM	East Shore Teams/MPSL
Session 2	7:15 – 8:00 AM	West Shore Teams/CASL

(Details will be posted by July 24th, 2013.)

Lane assignments for all sessions will be posted on the Mid-Cap link from the Hershey Aquatic Club's website www.hersheyh2o.org or on the Mid-Cap link from the www.swimmpsl.org and the www.swimcasl.org sites. *If your team will not be warming up at the Hershey pool, please contact the Meet Director by Monday, July 22, 2011.*

BREAK/ WARM-UP: There will be a fifteen (15) minute break after event #38 (Girls 15-18 Backstroke) in the upper pool. Lanes 5 and 6 will be sprint lanes, Lanes 1, 2, 3, and 4, will be general lanes.

- **Lower Pool Area**

The lower pool area can be used for warm up/warm down purposes until 12:30 P.M. All entries must be feet first entries. After that time, two lanes will be marked for use for warm up and warm down only. Anyone using the lower pool, other than for warm up and warm down must purchase a wrist band from the gate attendant at 12:30 P.M. No swim meet patrons will be permitted in the lower pool area without a wrist band. We are asking all teams to provide this information to families attending this meet as we must abide by The Derry Township Recreation Center rules.

- **Meeting Times:**

COACHES SCRATCH MEETING	7:15 AM
(At least one coach or rep from each team must attend)	
OFFICIALS MEETING	7:40 AM
TIMERS MEETING	7:50 AM