



Saturday, July 27, 2013; 8:15 A.M. Start
Hosted by Hershey Aquatic Club
Hershey Recreation Center
605 Cocoa Ave., Hershey, PA 17033

Dear Coaches and League Representatives:

The Hershey Aquatic Club and The Hershey Recreation Center welcome you and your teams to the 2013 Mid-Cap Championship Swim Meet on Saturday, July 27, 2013. Your teams' swimmers will have achieved the accomplishment of qualifying by being the top eight (8) swimmers from individual events and the top four (4) relays from the relay events at your respective All-Star meets:

CASL (West Shore)

MPSL (East Shore)

The meet will be swum using three (3) heats for individual events and two (2) heats of relays in a championship format. . This is a new format (due to the six lane pool) that the Mid-Cap Committee (represented by each league) has decided upon for this year's meet. The meet will actually be held as one session, but it will be divided into two (2) halves with a 15 minute break between them.

1st half	Medley Relays – Event 38 (Girls 15-18 50 Backstroke)
	15 minute break
2nd half	Event 39 (Boys 9-10 100 Freestyle) – Freestyle Relays

A meet timeline will be posted on our website by Wednesday, July 24th.

Information and attachments in this email include:

- **Coaches/League representative general information sheet**
- **Officials/Volunteer sign-up form**
 - **This form must be submitted electronically by July 21st, 9:00 p.m. to Lutt20@aol.com. We are requiring any team with at least 4 swimmers to supply names for 2 timers and 1 official. If your team has less than four qualifiers, but you have a parent who enjoys to time or officiate, please send their name in. T-shirt orders will not be accepted without the volunteer form being submitted.**

- **T-shirt order Form**
 - **This form must be submitted electronically by July 21st, 9:00 p.m. to Lutt20@aol.com Shirts will not be ordered for your swimmers if you fail to email the form by the deadline. Also, t-shirts are not ordered for alternates. We will make adjustments if necessary. Two coaches will receive a free t-shirt. There are spaces at the bottom of the form to order additional coaches shirts for \$10.00. Please have payment for the additional shirts when the t-shirts are picked up that morning. (Cash or checks made out to the MPSL.)**
- **Mid-Cap Event List**

Anyone wanting to place an advertisement or sponsor an event in the program can obtain information off of the Hershey site: www.hersheyh2o.org

Please read all of the enclosed information completely and carefully. Any questions or concerns, please direct them to Chris Luttrell, (717) 533-2813, cell 679-1719 or email: Lutt20@aol.com Copies of any of the sheets provided in the packet may be obtained by clicking the Mid-Cap link from the Hershey Aquatic Club website: www.hersheyh2o.org, the Mid-Penn site www.swimmpsl.org, or the CASL site www.swimcasl.org

Thank-you for your commitment to swimming and upholding the tradition of this championship meet in the interest of our young athletes.

Sincerely,
Chris Luttrell, Meet Director
Hershey Aquatic Club