

Mid-Penn Swim League "B" Division

B	League Representative	Pool Phone Ass't Rep	Pool Size	Team Coaches	Hytek Operator
FSC	<b>Falcons</b> <b>Lisa Frazier</b> 1138 Garden Ave. Lebanon, PA 17046 (717) 273-3672 <a href="mailto:msfrazier@comcast.net">msfrazier@comcast.net</a>	(717) 272-2033 ext 156  6 Lane 9:00 AM Start 8:30 AM Visiting Wm-Ups	25Yd 6 Lane 9:00 AM Start 8:30 AM Visiting Wm-Ups	<b>Coach</b> Dustin Long 408 Julian Street Williamstown, PA 17098 cell: 717-350-2969 <a href="mailto:coachd147@yahoo.com">coachd147@yahoo.com</a> (results to coach)	<b>Lisa Frazier</b> 1138 Garden Ave. Lebanon, PA 17046 (717) 273-3672 <a href="mailto:msfrazier@comcast.net">msfrazier@comcast.net</a> Lineup Exchange: Saturday
MDT	<b>Middletown</b> <b>Mark Shipkowski</b> 658 Hoffer Street Middletown, PA 17057 (717) 944-2719 <a href="mailto:shippy@paonline.com">shippy@paonline.com</a>	(717) 944-4235 Middletown Swim Club N. Union St., M-town	25M 6 Lane 8:30 AM Start 8:00 AM Visiting Wm-Ups	<b>Tony Shipkowski</b> 608-4898 <a href="mailto:ajs008@lvc.edu">ajs008@lvc.edu</a> <b>Darcy Frailey</b> 579-9983 <a href="mailto:df1049@ship.edu">df1049@ship.edu</a> Erin Kurth 305-0663 <a href="mailto:ek6202@ship.edu">ek6202@ship.edu</a>	<b>Kathy Shipkowski</b> 658 Hoffer Street Middletown, PA 17057 (717) 944-2719 <a href="mailto:klshippy62@gmail.com">klshippy62@gmail.com</a> Lineup Exchange: Friday by 7pm
PAC	<b>Palmyra</b> <b>Laura Strayer</b> 362 Goldfinch Drive Palmyra, PA 17078 838-7902 (H) 813-7902 cell <a href="mailto:LLSCSTRAYER@COMCAST.NET">LLSCSTRAYER@COMCAST.NET</a>		25M 6 Lane 8:30 AM Start 7:45-8:15 Visiting Wm-Ups	<b>Cynthia Lyons</b> 1361 Mill Pond Way Palmyra, PA 17078 838-9165 (H) 507-8589 cell <b>Walter Smith</b> 109 Sherfield Court Elizabethtown, PA 17022 813-7475 cell <a href="mailto:wsmith@norleb.k12.pa.us">wsmith@norleb.k12.pa.us</a>	<b>Laura Strayer</b> 362 Goldfinch Drive Palmyra, PA 17078 838-7902 (H) 813-7902 © <a href="mailto:LLSCSTRAYER@COMCAST.NET">LLSCSTRAYER@COMCAST.NET</a> Lineup Exchange: Friday
PC	<b>Penn Colonial</b> <b>Wanda Abou El Nagga</b> 3941 Rauch St Harrisburg, PA 17109 (717) 652-3853 <a href="mailto:wabouelnag@state.pa.us">wabouelnag@state.pa.us</a>	(717) 652-2156 Andrea Merlo 6531 Red Top Rd Harrisburg, PA 17111 (717) 599-1293 cell <a href="mailto:amerlo@therabilities.com">amerlo@therabilities.com</a>	25M 6 Lane 8:00 AM Start 7:30 AM Visiting Wm-Ups	<b>Erica Baylor</b> 512-3747 <a href="mailto:ejbaylor22@yahoo.com">ejbaylor22@yahoo.com</a> <b>Evan Timme</b> 717-269-4878 <a href="mailto:etimme3@gmail.com">etimme3@gmail.com</a>	<b>Erica Baylor</b> <a href="mailto:Ejbaylor22@yahoo.com">Ejbaylor22@yahoo.com</a> 512-3747 Lineup Exchange: Friday

Updated 06/14/2010

B FSC - MPSL6 MDT MPSL5 PAC - MPSL4 PC - MPSL6

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