

MID PENN SWIM LEAGUE DIVISION A CHAMPIONSHIP Saturday, July 21, 2007

Hosted by the Palmyra Aquatic Club
www.palmyrasharks.com

Location: Palmyra Community Pool
1122 Park Drive
Palmyra, PA 17078

Directions can be found at: http://www.palmyrasharks.com/Misc%20Info/Directions_to_Pool.pdf

Meet Director: Karen Sheriff
Telephone: (717) 574-2289
Email: kasheriff@comcast.net

Meet Referee: Susan Strano
Telephone: (717) 838-9882
Email: lsfh27@comcast.net

Entries: **Entry deadline is July 15, 2007, by 7:00 p.m. All entries should be emailed to kasheriff@comcast.net.**

Admissions: Adults \$2.00 Programs \$3.00

Meet Officials and Volunteers are admitted free of charge through the officials and volunteer gate at the south end of the pool clubhouse near the kiddie pool.

General Admission entrances will be the side gate at the north end of the pool clubhouse and from the parking area at the back of the pool near the pavilion.

Warm-Ups and Start Times:

Gates Open	6:30 a.m.
Scratch Meeting	7:45 a.m.
Officials Meeting	8:05 a.m.
Timers Meeting	8:15 a.m.
Meet Start	8:30 a.m.

Warm-Up Time	Lanes 1, 2, 3	Lanes 4, 5, 6
7:00-7:25	PAC	ACL
7:25-7:50	HER	HST
7:50-8:15	HEA	HMS

Facility: The Palmyra Community Pool is a six lane, 25 meter pool. A Daktronics Timing System will be used with touch pads at the finish end for 50 meter

and longer events and button finish for 25 meter events (8 & Under events). The meet will be run using Hy-Tek Meet Management software.

Volunteers:

Each team is asked to provide the names of coaches, timers and officials. Please complete the attached form and return it to kasheriff@comcast.net by **July 15, 2007**. Entries will not be accepted without your completed officials and volunteer sheet.

The Palmyra Aquatic Club requests that each team provide adult supervision of the team and comply with the Palmyra Community Pool regulations. Anyone found defacing the property, not abiding by pool regulations, and/or displaying unsportsmanlike conduct will be asked to leave the premises.

Officials:

On deck officials, please wear white tops and navy bottoms and have applicable officials patches visible.

False Start Rule & Relay Take-Off:

Same as dual meets with dual confirmation on all false starts and relay take-offs. An air horn will supplement the electronic starter on false starts for 8 and under events only.

Order of Events:

Same as dual meets. List enclosed.

Awards:

First through twelve for individual events; first through six for relays.

Coaches or Team Reps are required to pick up ribbons at the end of the meet. Ribbons will not be given to swimmers or parents.

Refreshments:

The concession stand will be located at the Pool Pavilion located at the back of the pool and will provide a variety of food, snacks, and beverages throughout the entire meet.

Team Tents:

Teams will be permitted to set up their team tents on Friday evening at 8:00 p.m.

MID-PENN DIVISIONAL EVENTS – JULY 21, 2007

1-B	2-G	8 & U	100 Medley Relay
3-B	4-G	9 &10	200 Medley Relay
5-B	6-G	11 & 12	200 Medley Relay
7-B	8-G	13 & 14	200 Medley Relay
9-B	10-G	15-18	200 Medley Relay
11-B	12-G	9 & 10	100 Individual Medley
13-B	14-G	11 & 12	100 Individual Medley
15-B	16-G	13 & 14	100 Individual Medley
17-B	18-G	15-18	100 Individual Medley
19-B	20-G	8 & U	25 Freestyle
21-B	22-G	9 &10	50 Freestyle
23-B	24-G	11 & 12	50 Freestyle
25-B	26-G	13 & 14	50 Freestyle
27-B	28-G	15-18	50 Freestyle
29-B	30-G	8 & U	25 Backstroke
31-B	32-G	9 &10	50 Backstroke
33-B	34-G	11 & 12	50 Backstroke
35-B	36-G	13 & 14	50 Backstroke
37-B	38-G	15-18	50 Backstroke
39-B	40-G	9 &10	100 Freestyle
41-B	42-G	11 & 12	100 Freestyle
43-B	44-G	13 & 14	100 Freestyle
45-B	46-G	15-18	100 Freestyle
47-B	48-G	8 & U	25 Breaststroke
49-B	50-G	9 &10	50 Breaststroke
51-B	52-G	11 & 12	50 Breaststroke
53-B	54-G	13 & 14	50 Breaststroke
55-B	56-G	15-18	50 Breaststroke
57-B	58-G	8 & U	25 Fly
59-B	60-G	9 &10	50 Fly
61-B	62-G	11 & 12	50 Fly
63-B	64-G	13 & 14	50 Fly
65-B	66-G	15-18	50 Fly
67-B	68-G	8 & U	100 Free Relay
69-B	70-G	9 &10	200 Free Relay
71-B	72-G	11 & 12	200 Free Relay
73-B	74-G	13 & 14	200 Free Relay
75-B	76-G	15-18	200 Free Relay

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MEET OFFICIALS & VOLUNTEERS SHEET

**DUE JULY 15, 2007. ENTRIES WILL NOT BE ACCEPTED WITHOUT YOUR COMPLETED
OFFICIALS AND VOLUNTEER SHEET.**

TEAM NAME: _____

I. TIMERS: 12 timers will be needed from each team (Teams must provide their own watches)

Events 1-28	Events 29-46	Events 46-76
1	1	1
2	2	2
3	3	3
4	4	4

II. STROKE & TURN: (2 per team)

1. _____

2. _____

III. STARTER/RECALL: (1 per team)

1. _____

IV. FINISH JUDGE: (1 per team)

1. _____

V. PROOFREADER: (1 per team)

1. _____

VI. RIBBONS: (2 per team needed during the entire meet)

1. _____

2. _____

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COACHES

TEAM NAME: _____

Please list all coaches below and return with the completed forms.

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

Please return this completed form by January 15, 2007, with your Meet Volunteer and Officials Form.

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SHOUT OUTS

We will be publishing SHOUT OUTS in the Divisional Program for those families wishing to include one for their swimmers or teams, Each SHOUT OUT will be approximately 3" x 1". Cost is \$5.00 per Shout Out.

Each Shout Out is a maximum of 30 characters or spaces per line and 4 lines of text. Please print or type your message in the space below.

Contact Name: _____

Contact Number: _____

Contact Email: _____

Each team is asked to collect all checks for the SHOUT OUTS and mail along with their Divisional entries by July 15, 2007 to Karen Sheriff at 636 West Walnut Street, Palmyra PA 17078. Checks should be payable to "PAC, Inc."

PALMYRA AQUATIC CLUB
2007 DIVISION A SWIM MEET
ADVERTISING FORM

DEADLINE: Wednesday, July 11, 2007

RETURN TO: Karen Sheriff
636 W. Walnut Street
Palmyra, PA 17078
Or e-mail to kasheriff@comcast.net

COST: \$60 FULL PAGE Advertisement
\$35 ½ PAGE Advertisement
\$20 Business Card Advertisement

Please make checks payable to "PAC, Inc."

Detach & Return with Ad

BUSINESS NAME: _____

CONTACT PERSON: _____

TELEPHONE NO.: _____

Please circle the ad size you would like:

\$60 FULL PAGE Advertisement
\$35 ½ PAGE Advertisement
\$20 Business Card Advertisement

*******IMPORTANT NOTE*******
Please attach a camera-ready advertisement
or business card!